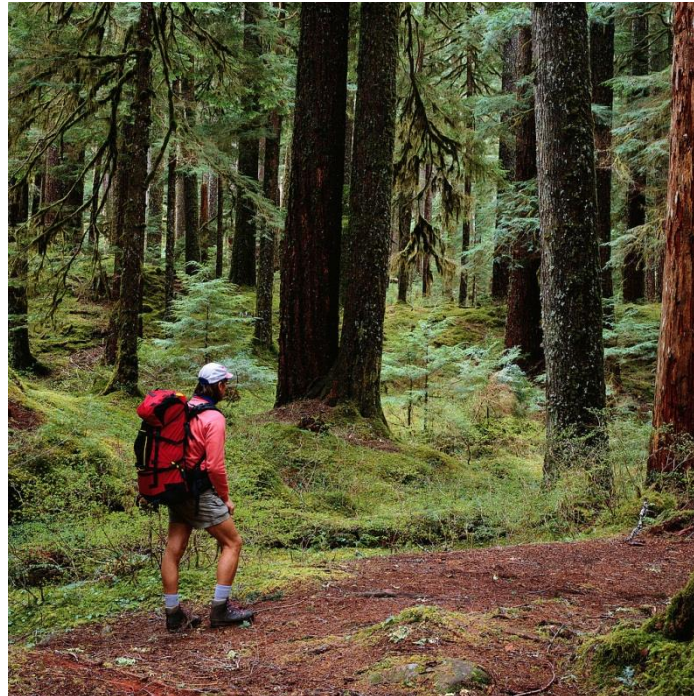


Standon Bowers 2019



Standon Bowers 2019

- ▶ Monday 7th - Friday 11th January 2019
- ▶ Final Cost needs to be paid by Friday 17th December (£175.00)
- ▶ Staffing: Ms Hamilton, Miss Causer, Mrs Whitehouse, Mr Ball, Mrs Jadowski

Standon Bowers 2019

- ▶ Standon Bowers staff are on site at all times, they are all fully qualified to lead the outdoor/adventurous activities
- ▶ School staff stay with the children and support the Standon staff at all times
- ▶ From 6.00pm until breakfast school staff supervise the children
- ▶ We can cater for all different diets
- ▶ We can cater for medical needs

Monday

- ▶ 9:30-9:45 leave school
- ▶ 10:30-12:30 Welcome to the centre, settle into dormitories, tour of centre
- ▶ 12:30-1:30 Lunch
- ▶ 1:30-4:30 team games and moat
- ▶ 5:30-7:00-Dinner, duties and tuck shop
- ▶ 7:00-9:00 Night walk
- ▶ 9:30 Evening drink and bedtime.





07/01/2013



07/01/2016

Tuesday

- ▶ 7:30-9:30 Wake up, get dressed and washed, breakfast, make bed.
- ▶ 9:30-12:30 Roaches 1 to 2 miles walk uphill
- ▶ 12:30-1:30 Lunch
- ▶ 1:30-4:30 scramble -rock jumping
- ▶ 4:30-7:00 Dinner, duties, tuck shop
- ▶ 7:00-9:00 Postcard, and ground games
- ▶ 9:30 Evening drink and bedtime.





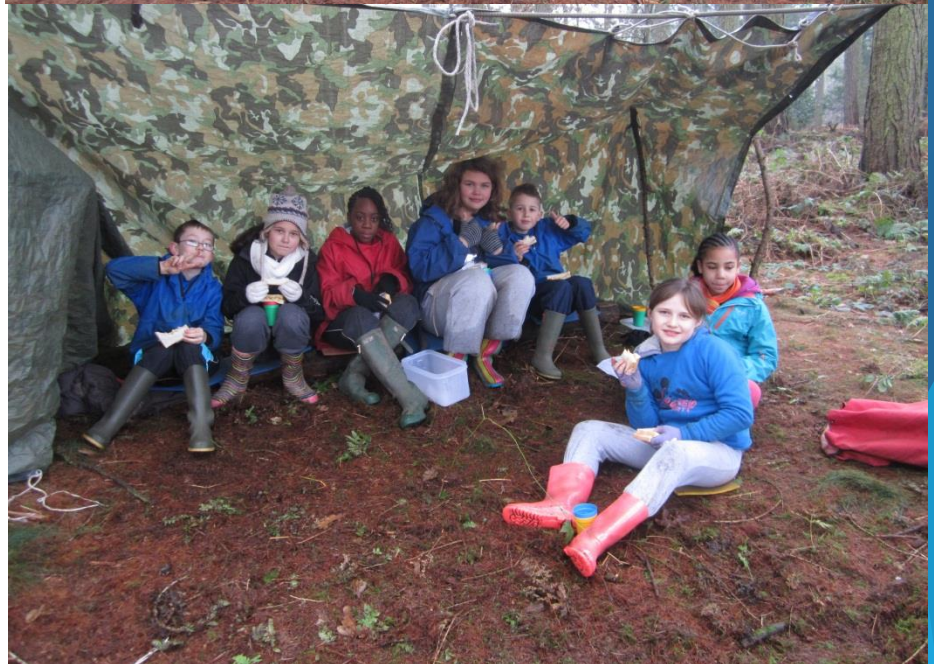
08/01/2013





Wednesday

- ▶ 7:30-9:30 Wake up, get dressed and washed, breakfast, make bed.
- ▶ BMX cycling, high wires during the day on site
- ▶ 5:00-7:00 Dinner, duties, tuck shop
- ▶ 7:00-9:00 night games on site
- ▶ 9:30 Evening drink and bedtime.



Thursday

- ▶ 7:30-9:30 Wake up, get dressed and washed, breakfast, make bed.
- ▶ 9:30-5:30 Ropes, Archery, climbing wall
- ▶ 5:30-7:00 Dinner, duties, tuck shop
- ▶ 7:00-9:00 Diary and pictures
- ▶ 9:30 Evening drink and bedtime.









Friday

- ▶ 7:30-9:30 Wake up, get dressed and washed, breakfast, make bed.
- ▶ Pack suitcases.
- ▶ 11:00-12:30 On site team activities/caving
- ▶ 12:30-1:30 Lunch
- ▶ 2:00 Leave centre





Signals for
bi directional
endless haulage

to stop	1
to haul inbye	2
to haul outbye	3
when men are to be carried any signal to move the train shall be preceded by the signal	
	8

11/01/2013 11:48

Kit list

- ▶ Trousers/tracksuit
- ▶ No jeans
- ▶ Warm sweaters
- ▶ Indoor trainers
- ▶ Outdoor trainers
- ▶ Wellingtons
- ▶ Socks
- ▶ T shirts
- ▶ Nightwear
- ▶ Single duvet cover and case
- ▶ Coat
- ▶ Wash bag
- ▶ Underwear
- ▶ Towel X2
- ▶ Torch and batteries not together
- ▶ Plastic bags for wet clothes
- ▶ Extra warm clothing
- ▶ Hats, gloves, scarves
- ▶ Waterproofs and rucksacks will be provided by the centre.

Please make sure that clothes are old as the children are likely to get wet or dirty on some activities.

Money

- ▶ The limit for the visit will be £15
- ▶ There is a tuck shop, gift shop and pool table to spend money.
- ▶ Please avoid notes.

Entertainment.

- ▶ Children may wish to bring a book to read or music to listen to, as this can be helpful if they wake up early. Only personal MP3's etc. and the children are responsible for all items.
- ▶ Nintendo DS etc.

Mobile phones.

- ▶ Please don't bring them as they are something else to lose or break, they also unsettle the children. In case of an emergency phone school or the centre.

Medication

- ▶ A medical/consent form will be sent home in the next couple of weeks for you to complete and return by Monday 17th December. This needs to be completed for all pupils.
- ▶ Please bring all medication to a member of staff on the Monday morning. It needs to be clearly labelled.

Travel sickness

- ▶ Children who suffer with travel sickness will need medication on the journey to and from the centre.
- ▶ They will also need medication on the day we travel to the Roaches.

Behaviour

- ▶ Very high standards will be expected, particularly when we are involved in activities and in the evening.
- ▶ Please be aware that the centre do have the right to send children home.

Diets

- ▶ Please notify us A.S.A.P. if there are any special requirements.

Any Questions?